

#### **PROFILE**

- 20+ years Transcendental Meditation practice
- Vedic texts, hymns and mantras
   (Rig Veda, Samaveda and
   Atharvaveda) recitation practitioner
- Brahmanic yajnas and healing ceremonies' organisator
- Certifiied Aurvedic Master
- Jyotish and Vastu consultant
- Shesha Chala Charitable Trust (Mysore, India) Founder and Managing Director
- Managing Director of scientific and practical center for Indian students on the basis of PACE Hospitality
   Training Centre (2015-2018)

#### CONTACT INFORMATION

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# YEVGENIY SHABANOV

### BRAHMIN'S NAME -SHESHACHALA SHARMA

#### **EXPERIENCE**

## Scientific research and educational activity, 2005 - present Russia, Kazakhstan, India

- developed, orginezed and conducted more than 20 cources: Ayurvedic nutrition, color therapy, Vedic astrology, Vedic architecture and others;
- since 2015 (residing in India) studied and translated into Russian a number of ayurvedic recipes, pharmaceutical Ayurvedic indexes and reference books;
- for the 6 years in India organized and conducted more than 100 vedic ceremonies (Brahmanic Yagyas, Homas, Parayanas);
- 3000 + hours of Ayurvedic consultations, 1000 + hours of Jyotish consultations, 20 + Vastu projects in Kazakhstan for individual clients and companies.

#### **EDUCATION AND RELEVANT TRAINING**

#### **Novosibirsk State Pedagogical University, 2020** Traditional Healing Systems

## American Institute of Vedic Studies named after Dr. David Frawley, 2014

Ayurveda Life-Style Consultant, Ayurvedic Astrologer

#### Vedic texts recitation course, 2005 - 2009

The course was held by Sorbonna University Doc., Brahmin and one of the most famous sanskritologists in the world - Michel Angot

#### Vastu Veda Academy, Germany and UK, 2008 Vastu Consultant Diploma

#### The Thousand-headed Purusha course, 2001-2005 Consciousness development practical course: TM Maharishi, TM Siddhi, Maharishi Jyotish and Ayurveda, Maharishi Sthapatya Veda - Vastu Vidya.

#### Maharishi Open University, 2001-2004

**Transcendental Meditation Course, 1999**